



# The New England Society for the Treatment of Trauma and Dissociation

in joint sponsorship with The Institute for Continuing Education presents

**Please Post**

## “Using Hypnotic Language to Make Your Interventions More Effective”



### Joanne Twombly, LICSW

January 30th, 2016  
9:00 am to 12:30 pm and 1:30 to 4:30 pm INTENSIVE  
Scottish Rite Masonic Museum & Library  
33 Marrett Road  
Lexington, Massachusetts

#### About the Program

This workshop will provide participants with an overview of hypnosis, identify trance states that our clients experience, and specifically focus on the use of hypnotic language to maximize the results of interventions, and treatment. Instances of spontaneous trance are normal occurrences, e.g. highway hypnosis, or becoming so absorbed in reading a book or doing a project that if someone talks to you, you might not hear them. In addition to these, however, our clients suffer regularly with very unsettling trance states, such as anxiety attacks, flashbacks, dissociative symptoms, numbness, and the experience of active ego states, just to name a few. Treatment modalities such as Eye Movement Desensitization and Reprocessing (EMDR) and Internal Family Systems (IFS) arguably could be described as using trance states. The former through the use of safe space imagery, containers, float backs, and some cognitive interweaves; and the latter through the use of ego states. The focus of this program will be on helping our clients learn to rework symptoms into coping skills, and on learning to use the power of words to help with healing. This workshop will be a combination of lecture and practicum.

*CEs are available for an additional \$25.*

**PRE-REGISTRATION IS  
REQUIRED**

Please register at [www.nesttd-online.org](http://www.nesttd-online.org)

#### About Joanne Twombly:

Joanne H. Twombly, MSW, LICSW is in private practice in Waltham, MA where she works extensively with people with complex PTSD and Dissociative Disorders. She also provides trainings and consultation in EMDR and IFS. She has had several book chapters published on EMDR, EMDR and Internal Family Systems, and on working with Perpetrator Introjects. Her commitment to providing the optimal space for healing has resulted in her becoming an EMDR Trauma Recovery HAP Facilitator, a certified consultant in EMDR, Internal Family Systems Certified, and an American Society for Clinical Hypnosis Consultant. She is the past president of the New England Society for the Treatment of Trauma and Dissociation and served on various committees and the board of the International Society for the Treatment of Trauma and Dissociation where she received their Distinguished Achievement Award in 2010.

Registration Type	FEE
Member	FREE
Non-Member Agency/Retired	\$45
Non-Member Standard	\$60
Student	\$30