



The New England Society for the Treatment of Trauma and Dissociation

in joint sponsorship with The Institute for Continuing Education presents

Please Post

“Countertransference and Transference Crises In Working with Traumatized Clients”

Constance J. Dalenberg, PhD



April 2nd, 2016

9:00 a.m. to 12:30 p.m. and

1:30-4:30PM INTENSIVE “Building Relationships and Regulation Skills in Dissociative Populations”

Scottish Rite Masonic Museum & Library

33 Marrett Road

Lexington, Massachusetts

About the Program

Wachtel (1982) once wrote that psychotherapy is no profession for any person who likes certainty, predictability or a fairly constant sense that one knows what one is doing. Traumatized patients are over-represented among those patients who will love you intensely, those who will hate you intensely, those who will want to stay forever and those who will terminate precipitously. Using the data from the San Diego Countertransference Study, together with supplemental studies conducted by myself and my graduate students, I will discuss in this talk the central themes in the psychotherapy crises seen most often in traumatized patients, and the subcategory of crises seen most often in dissociative patients. With each of three common crises, we will try together to derive some lessons from patient descriptions of therapists who handled the crisis well (at least according to this patient in retrospect) and those who handled the crisis less well. We will also discuss why these particular crises arise, and how they might be pre-emptively addressed in psychotherapy with volatile clients. Informing these strategies is the research and clinical literature on attachment theory, mentalization, mindfulness, and acceptance/self-compassion.

CEs are available for an additional \$25.

PRE-REGISTRATION IS REQUIRED

Please register at www.nesttd-online.org

About Dr. Dalenberg:

Dr. Dalenberg is Distinguished Professor at the Alliant International University, and directs the Trauma Research Institute. Dr. Dalenberg has focused on both the consequences of trauma for the survivor and the challenges faced by the professional in dealing with these consequences. Her book, *Countertransference and the Treatment of Trauma*, was published by the APA in 2000. She has since been elected as President of Division 56 of the APA (Trauma Psychology), and associate editor of the APA’s journal, *Trauma Psychology*. Her work has been honored with the William Friedrich Award for Child Sexual Abuse Research, Assessment and Treatment in 2006, the Morton Prince Award for Scientific Achievement in 2010, and the Pierre Janet Writing Award in 2012. In addition to her research, she directs a small clinical/forensic practice in La Jolla, and works with writers on mastering vivid descriptions of the psychology of their protagonists.

Registration Type	FEE
Member	FREE
Non-Member Agency/Retired	\$45
Non-Member Standard	\$60
Student	\$30