



The New England Society for the **Please Post** Treatment of Trauma and Dissociation

In its 27th year of educating professionals about complex trauma and dissociation and in joint sponsorship with the Institute for Continuing Education

Maggie Phillips, Ph.D.

“Finding the Energy to Heal Trauma and Dissociation”

Saturday, September 17th, 2011

9:00 am to 12:30 pm

The National Heritage Museum

33 Marrett Road

Lexington, Massachusetts

This workshop is designed to present both the art and science of working with the energy system, eliciting its wisdom and resources in the service of helping clients heal from the physical and emotional effects of trauma. Included will be a focus on the chronic issues related to PTSD, complex PTSD, and dissociation, such as anxiety, panic, depression, relational and self-regulation problems. As time permits, a multi-modal approach drawn from Energy Psychology, ego-state therapy, Somatic Experiencing,TMmindfulness, and breathing techniques will be explained, demonstrated and practiced. The workshop format for both the morning workshop and afternoon Master Class includes lecture, clinical discussion, practical case examples, live demonstrations, practice exercises, and consultation.

About Dr. Phillips

Maggie Phillips, Ph.D., lives and works as a clinical psychologist in Oakland Hills above the San Francisco Bay. She has taught at major conferences on trauma, hypnosis, Ego-State Therapy, EMDR, behavioral medicine, Somatic Experiencing, and Energy Psychology in the U.S., Canada, Europe, South Africa, Australia, Scandinavia, Hong Kong, China, Malaysia, and Japan. As the author of numerous papers and articles on trauma, dissociation, ego-state therapy, hypnosis, and mind-body healing, she specializes in the treatment of traumatic stress and pain disorders. She is a Fellow of the American Society of Clinical Hypnosis and of the International Society for the Study of Trauma and Dissociation. Dr. Phillips is co-recipient of the Cornelia Wilbur award from International Society for the Study of Trauma and Dissociation and of the Crasilneck award for the best writing in the field of hypnosis.

Dr. Phillips is author of three books. Her latest book, *Reversing Chronic Pain*, was released in October, 2007. Her other books are *Finding the Energy to Heal* (W.W. Norton, 2000) and *Healing the Divided Self* (W.W. Norton, 1995). She has also recorded two CD programs on pain: *Hypnosis: The Pain Solution* and *Hypnosis: The Headache Solution*, and is the creator of an online self-treatment program at www.reversingchronicpain.com as well as a CD self-coaching program for success with chronic pain. As an innovator in mind/body healing and in the treatment of persistent pain, Dr. Phillips is particularly interested in the interface of trauma, dissociation, and emotional and physical pain conditions.

PRE-REGISTRATION IS RECOMMENDED

This event is FREE to members

Non-members: \$40.00

Students/agency employees/retirees: \$30

CEs available for \$25

For more information and to pre-purchase CEs please see our website at www.nesttd-online.org