



The New England Society for the
Treatment of Trauma and Dissociation
In its 28th year of educating professionals about complex trauma
and dissociation and in joint sponsorship with
The Institute for Continuing Education

Please Post

Kathy Steele, MN, CS

***Beyond the Basics: Special Issues in the Treatment of Complex
Developmental Trauma Disorders***

Saturday, March 3, 2012

9:00 am to 5:00 pm

The National Heritage Museum

33 Marrett Road

Lexington, Massachusetts

This *intermediate full-day* workshop will offer an in-depth exploration of difficult treatment issues that arise in therapy with adults who have complex developmental trauma symptoms and disorders, especially those with dissociative disorders. Accurate understanding and treatment of the client begins with a thorough exploration of his or her conflicts and dynamics, beliefs and affects, and relational patterns and perceptions. This workshop will thus begin with a comprehensive approach to assessment that includes how to choose clients who have the potential capacity and skills to engage in psychotherapy, and how to know when a client needs an increased level of care. Participants will learn how to assess for prognosis, skills deficits, defenses and resistances, trauma-related phobias, attachment difficulties, and comorbid diagnoses, and learn to anticipate and prepare for likely therapeutic impasses. Chronically traumatized clients typically have a series of trauma-related inner phobias that impede integration and maintain dissociation. Phobias include those of inner experience, dissociative parts of the self, traumatic memory, attachment and attachment loss, change, and adaptive risk-taking. This workshop will especially focus on practical interventions across various phases of treatment to overcome the phobias of inner experience and of attachment and attachment loss. We will also explore difficult impasses that involve problems with limits, boundaries, rage, hopelessness, traumatic re-enactments, and dependency. Participants will learn how to work more effectively with dissociative parts of the self in the context of the whole person so that integration is consistently promoted, and learn how to manage difficult dissociative parts such as angry, self-harming, disengaged, and child-like aspects of the individual. The workshop will include didactic presentation, case vignettes, and role play.

About Ms. Steele

Kathy Steele, M.N., C.S., is Clinical Director of Metropolitan Counseling Services, a non-profit, low cost psychotherapy and training center, and is in private practice in Atlanta, Georgia. She is a past President of the International Society for the Study of Trauma and Dissociation. She frequently teaches about trauma and dissociation around the world, and has authored or co-authored numerous publications in the field. Kathy has received several awards for her work, including a Lifetime Achievement Award from the International Society for the Study of Trauma and Dissociation. She is co-author of *The Haunted Self: Structural Dissociation of the Personality and Treatment of Chronic Traumatization* (2006) and *Coping with Trauma-related Dissociation: Skills Training for Patients and Therapists* (2011). She is currently writing a clinical manual on treatment of trauma-related phobias with Suzette Boon, Ph.D. and Onno van der Hart, Ph.D.

THIS FULL DAY EVENT REQUIRES PRE-REGISTRATION

Registration includes lunch and 6.0 continuing education credits.

For more information about registration rates please see our website at www.nesttd-online.org