



# The New England Society for the Treatment of Trauma and Dissociation

in joint sponsorship with  
The Institute for Continuing Education

## **Introduction to Dissociation: “What You Need to Know About Dissociation when Treating Trauma Survivors”**

**Suzanne Hoffman, PsyD**

Saturday April 28, 2012  
9 am – 12:30 pm

Boston College School of Social Work  
Chestnut Hill, MA

Dissociation is an adaptive response to overwhelming and disorganizing life conditions and the majority of people with histories of complex trauma, neglect, and less than optimal attachment experiences present with a variety of dissociative symptoms. These symptoms can create havoc in their lives and their relationships, confound their therapists, and, if not understood, ultimately lead to treatment failures. This workshop is designed to deepen clinicians' skills in recognizing the continuum of dissociative processes and dissociative disorders in trauma survivors and to offer concrete “how to's” in helping clients understand, work with, and begin to transform these symptoms.

Given the enthusiastic response to this training in 2010 and 2011, NESTTD's Program Committee and Community Education and Outreach Committee collaborated to bring it back annually. The workshop is being offered by NESTTD in recognition of the prevalence of dissociation in most chronic trauma survivors seen by agency and private practice clinicians, and of the limited professional opportunities for learning how to identify and help clients integrate dissociative processes.

**Suzanne Hoffman, Psy.D.**, is a licensed psychologist who has been treating trauma survivors for over 30 years. She is a long-time member of NESTTD and has served on the Board, as Treasurer, and on the Community Education and Outreach Committee, offering supervision, consultation and training around dissociation and dissociative disorders. Her interest in dissociation led her to study and integrate effective treatments: hypnosis, EMDR, Sensorimotor Psychotherapy, Internal Family Systems Therapy, and the use of meditation and mindfulness approaches in healing. She has a clinical and consultation practice in Jamaica Plain.

### **PRE-REGISTRATION IS REQUIRED**

\$40.00

\$25.00 for students (valid I.D. required)

\$25.00 for field placement supervisors from professional schools of social work and psychology

CEs: \$25.00

For additional information and to register, visit our website at [www.nesttd-online.org](http://www.nesttd-online.org) or email us at [info@nesttd-online.org](mailto:info@nesttd-online.org)